

# First Aid

By: Julee Mahon

bandage



adhesive tape



gauze



antiseptic wipes





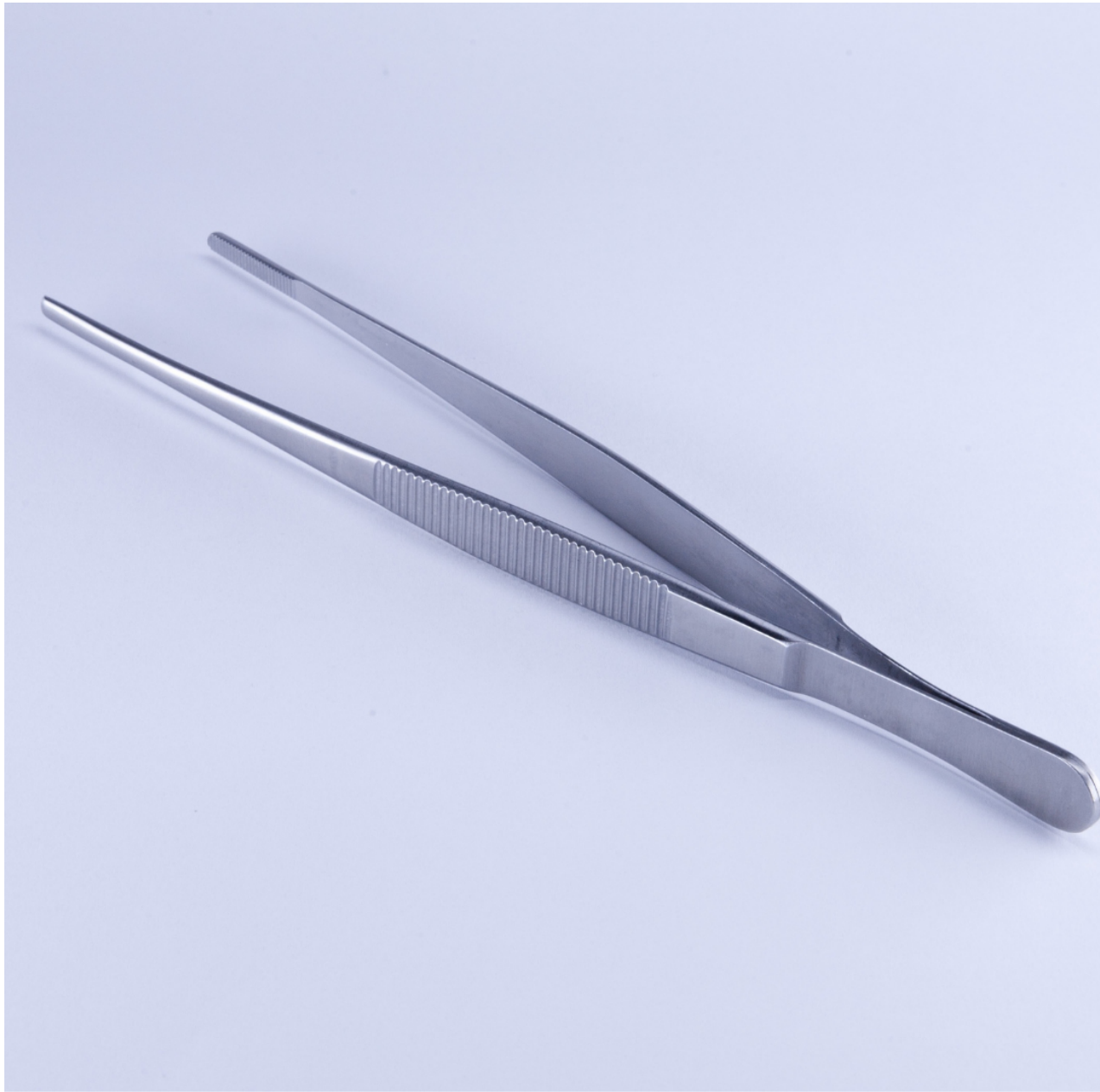
elastic bandage



**scissors**



tweezers



**gloves**





thermometer



instant cold pack

1  
Use

5" x 9"

## Instant Cold Pack

For use whenever  
instant cold  
therapy is  
required



SQUEEZE  
TOGETHER  
HERE

### Single Use

For relief and  
swelling by  
sprains,  
contusions,  
burns, blisters  
and insect bites.

### CAUTION:

- For external use only. Adult supervision recommended.
- Avoid puncture. If bag breaks and fluid contacts skin or eyes, immediately flush area with large amounts of water.
- Do not swallow contents. If contents are accidentally swallowed, drink large amounts of water (not milk) and contact a Poison Control Center or physician.
- Cold therapy should not be used for individuals with circulatory problems, sensitive skin, or those taking anticoagulant drugs.